



## Invitation to

A Presentation by the author of  
"You Have a Body, A Pathway to Natural Power"

*Otmar Lex*

## **Rediscovering Your Natural Power**

Simple Steps Toward Restoring Your Body's Full Potential

Time → Saturday, 28.11.  
14:00

Place → Biergasthof OTTO ,  
Altmannsdorferstr. 101,  
1120 Wien

Otmar Lex has unique intuitive abilities that allow him to read the energy flows in human bodies. Blockages in the energy flow cause weakness and easily lead to burnout syndromes. In seminars and private sessions Mr. Lex leads people back to their natural physical potential.

Through the years Mr. Lex has found that some misalignments in the energy flows there are caused by society and as a result nowadays people are about 30% below their natural power level. And at the same time the whole planet faces burnout syndromes.

In his book "You have a body - A Pathway to Natural Power" Mr. Lex explains the reasons for this global weakness and introduces simple exercises that anybody can do on his own. More and more people around the world use his exercises to increase their awareness of their physical body and overcome of their weaknesses.